

iCAN

RAMADAN WHEEL

Let's get the best out of this Ramadan

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ISLAMIC CIRCLE OF AUSTRALIA AND NEW ZEALAND

www.icandawah.org | www.fb.com/islamic.circle/

PURPOSE OF THIS TRACKER:

With this tracker, you can inshaAllah

- Be able to memorize 30 short ahadith
- Be able to complete the Tafseer of 30 important passages of Quran
- Be able to track your progress on key performance areas this Ramadan
- Proactively plan each day and then assess the outcomes against your plan.

Approach:

- Do your pre-Ramadan planning and set your goals
- Each night, set your goals for the next day
- Each night, review your day and identify the ways in which the coming days can be made more effective.

Let's Start the Journey!

PRE-RAMADAN PLANNING

What can you do to make this Ramadan the best Ramadan of your life?



WHAT TO DO MORE?

WHAT TO DO LESS?

WHAT TO COMPLETELY AVOID?

iCAN RAMADAN WHEEL

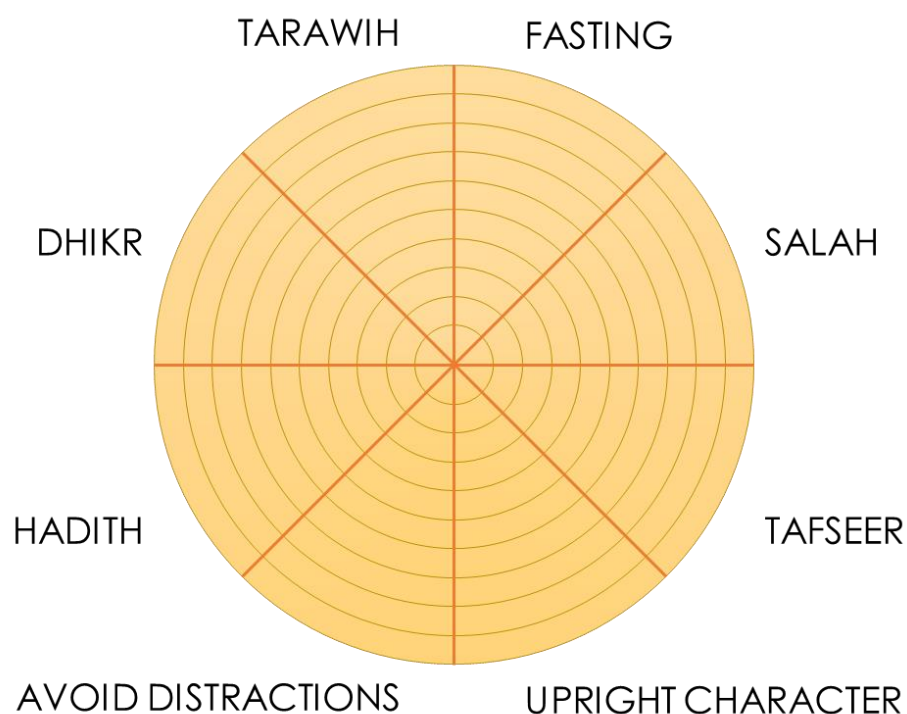
Ramadan is a great opportunity for us to come closer to Allah SWT. In order to strengthen our connection with our Creator, we recommend you to use our Ramadan Wheel.

It comprises of 8 important aspects that we should target this Ramadan.

Based on your performance in the day, you can give yourself a number from 1 to 10 (with 10 being the best performance as per your circumstances).

This number will form a wheel when you connect your scores for each category.

IF YOUR WHEEL IS SMOOTHER AND BIGGER, IT WILL GO A LONG WAY INSHAALLAH.



THE BIGGER THE WHEELS, THE FARTHER YOU WILL GO WITH EACH TURN, INSHA ALLAH.



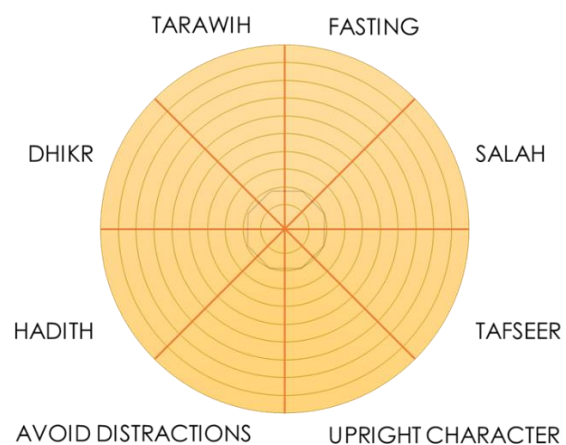
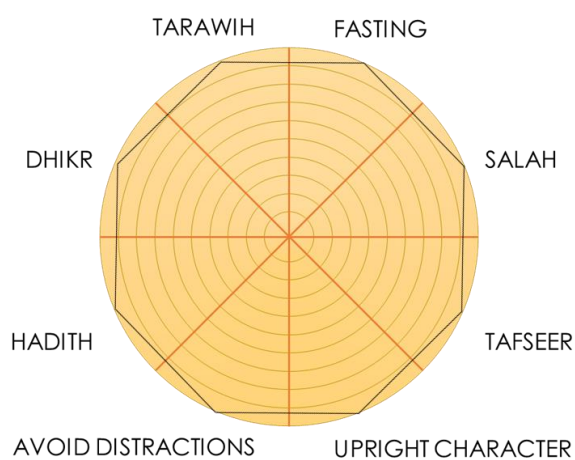
Example of a wheel with high scores on each parameter

(10 out of 10 on all)



Example of a wheel with low scores on each parameter

(2 out of 10 on all)



Assess yourself each night and aim to further improve the next day!

Allah SWT says:

يَا أَيُّهَا الَّذِينَ آمَنُوا اتَّقُوا اللَّهَ وَلْتَنْظُرْ نَفْسٌ مَّا قَدَّمَتْ لِإِعَادَةٍ وَاتَّقُوا اللَّهَ إِنَّ اللَّهَ خَبِيرٌ بِمَا تَعْمَلُونَ

O you who have believed, fear Allah. And let every soul look to what it has put forth for tomorrow - and fear Allah. Indeed, Allah is Acquainted with what you do. (Surah Al-Hashr, Verse: 18)

WHAT DO OUR 8 CATEGORIES STAND FOR?

(A brief explanation of their scope to assist you with setting objectives for them)

SALAH

Offering 5 prayers in Mosque
Having khusoo in Salah
Offering more voluntary prayers

TAFSEER

Reciting the Quran Daily
Reading / Listening to tafseer
Improving Tajweed

HADITH

Reading some ahadith daily
Communicating at least a hadith a day to others

DHIKR

Doing the recommended azkar after each salah
Memorizing the duas mentioned in Quran and hadith

AVOID DISTRACTIONS

Avoiding distractions such as:

- Too much TV
- Too much internet
- Music etc.

UPRIGHT CHARACTER

Work on further building your character.
Do a self-analysis of what you can improve in your character and then work on that.

FASTING

Not missing any fast unless in the situations which are permitted
Fast not just with stomach but with your whole body

TARAWIH

Attend the taraweeh daily
Try to understand what is being recited in the taraweeh

WHAT CAN YOU DO TO ACHIEVE 10 OUT OF 10?

(For example: For salah: Offering all 5 prayers in masjid with jama'ah etc)

SALAH

TAFSEER

HADITH

DHIKR

AVOID DISTRACTIONS

UPRIGHT CHARACTER

FASTING

TARAWIH

INSTRUCTIONS RECOMMENDED READING:

1 Tafseer

If you are already enrolled in iCAN's full Quran Tafseer course ([link](#)), it is recommended not to stop that (so that you can systematically complete the whole Quran).

If you are not enrolled in iCAN's full Quran Tafseer course and have not completed the iCAN recommended Tafseer syllabus for members and associate members ([accessible from here](#)), you are recommended to complete that first.

If you do not fall into the above two categories, we have provided a some recommended Tafseer readings below. If you can do it in conjunction with the above, this will be a great achievement inshaAllah.





2 Daily reading

The daily tracker requires you to read 15 pages from a beneficial book every day.

If you have not completed the recommended reading for iCAN Member and Associate Member syllabus, you are recommended to complete that first.

If you have already completed the recommended reading for iCAN Member and Associate Member syllabus, you can benefit from the books below:

- Ar-Raheeq ul Makhtoom (The Sealed Nectar) - By Sheikh Safi ur Rahman Mubarakpuri (Link: [Urdu](#), [English](#))
- When Muslims Work Together – By Ust. Noman Ali Khan ([Watch](#))
- “Islamic Movement – Pre-requisites for Success” (Urdu: Kamyabi ki Sharait) – By Sheikh Syed Abul Aala Maududi (Link: [Urdu](#), [English](#))
- Khutbat e Europe – By Sheikh Syed Abul Aala Maududi (Link: [Urdu](#))
- Arbaeen An-Nawawi (40 hadith of Imam An-Nawawi) – (Link: [Urdu](#), [English](#))
- Don't be sad – by Sheikh Aidh Al-Qarni (Links: [Urdu](#), [English](#))
- Hidayat – By Sheikh Syed Abul Aala Maududi (Link: [Urdu](#))

PLANNING FOR DAY 1

(To be done either on the first night of Ramadan or before)

What will you do on DAY 1 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

The Messenger of Allah (ﷺ) said, "When a man dies, his deeds come to an end except for three things: Sadaqah Jariyah (ceaseless charity); a knowledge which is beneficial, or a virtuous descendant who prays for him (for the deceased)." Sahih Muslim Book 13 - Hadith 4005

RECOMMENDED READING:

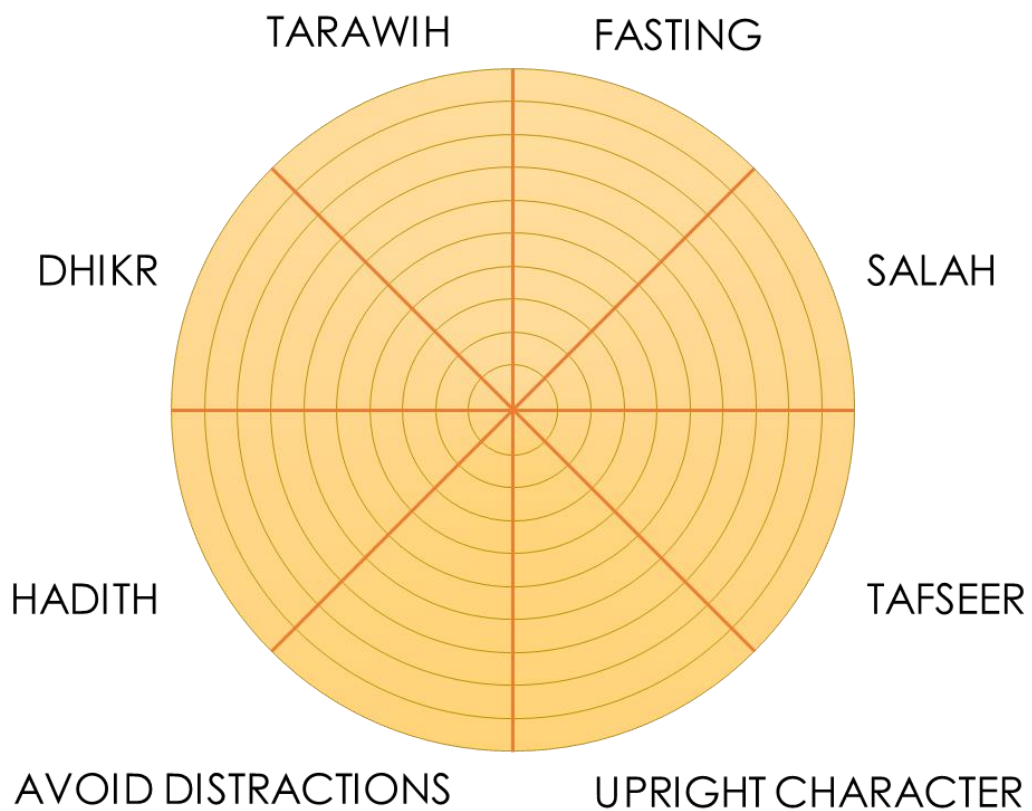
- **Tafseer:** Surah Al-Jumu'ah – Ayahs 1-5 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 1

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 2

(Planning for the day has to be done on the night before that)

What will you do on DAY 2 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

مَنْ قَامَ رَمَضَانَ إِيمَانًا وَاحْتِسَابًا غُفِرَ لَهُ مَا تَقَدَّمَ مِنْ ذَنْبِهِ

The Prophet (ﷺ) said: "Whoever spends the nights of Ramadan in prayer (Qiyam) out of faith and in the hope of reward, he will be forgiven his previous sins" - Sunan an-Nasa'i 2206

RECOMMENDED READING:

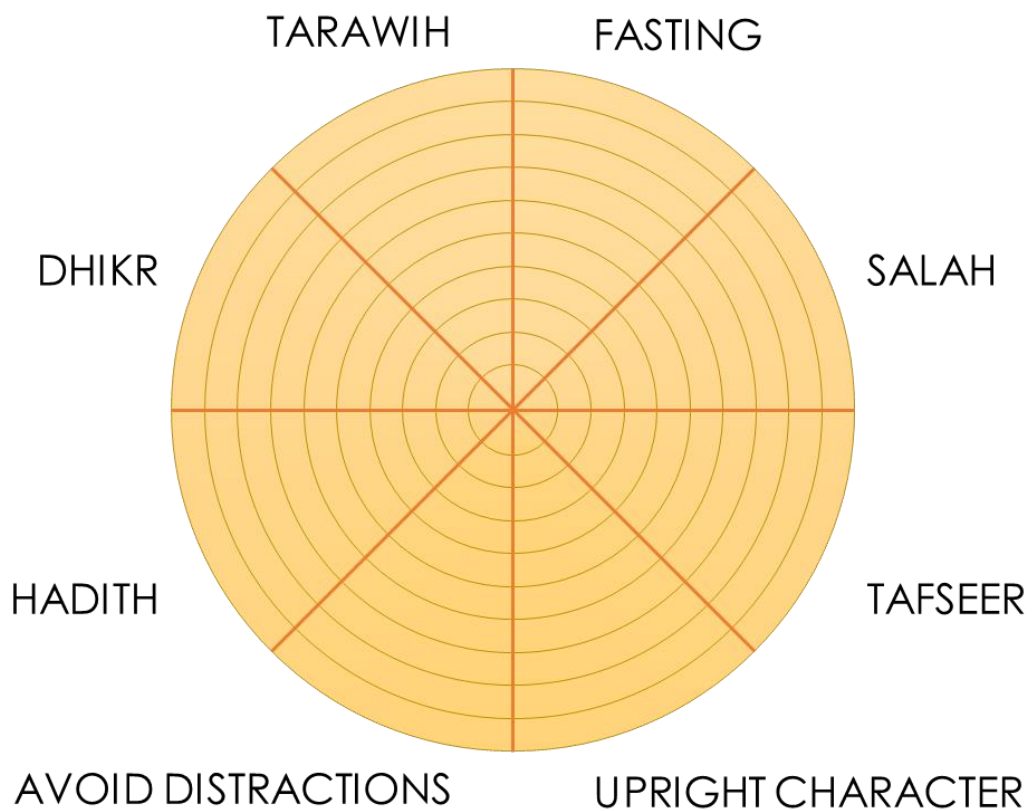
- **Tafseer:** Surah Luqman, Rukoo 2 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 2

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 3

(Planning for the day has to be done on the night before that)

What will you do on DAY 3 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

اَكْلُفُوا مِنَ الْعَمَلِ مَا تُطِيقُونَ فَإِنَّ خَيْرَ الْعَمَلِ أَدْوَمُهُ وَإِنْ قَلَّ

The Messenger of Allah (ﷺ) said: Take on only as much as you can do of good deeds, for the best of deeds is that which is done consistently, even if it is little. Sunan Ibn Majah, Book 37, Hadith 4381

RECOMMENDED READING:

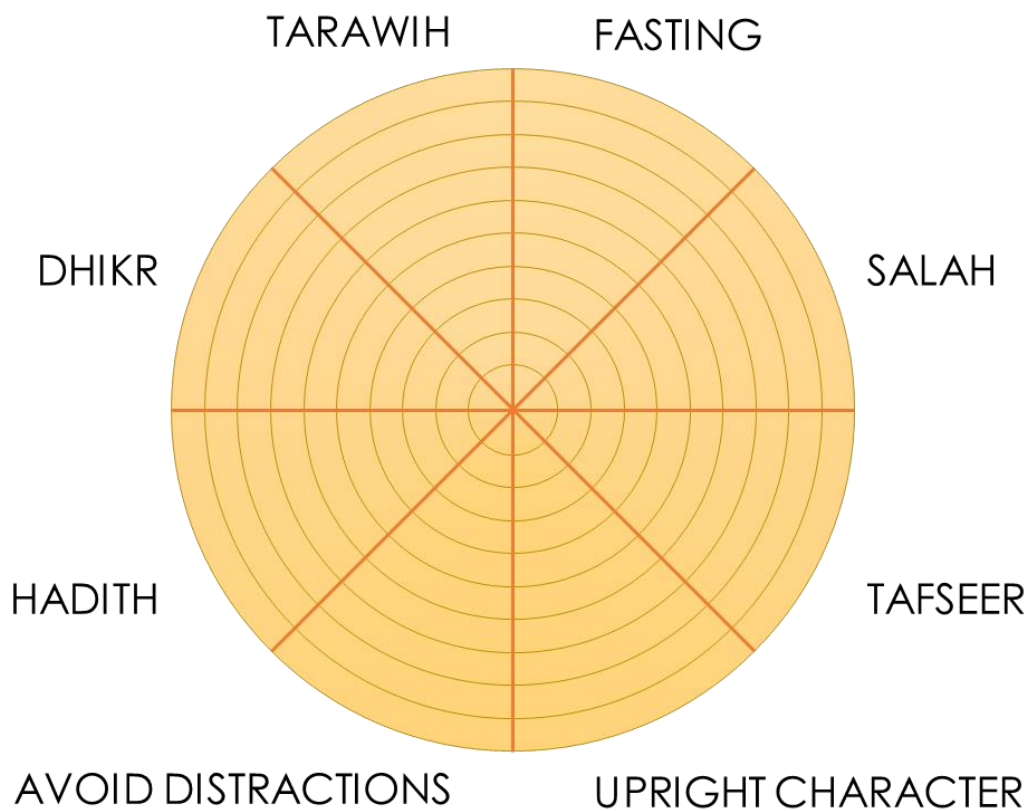


- **Tafseer:** Surah Ha Meem Sijdah, Ayahs 30- 36 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)

OUTCOMES FOR

DAY 3

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 4

(Planning for the day has to be done on the night before that)

What will you do on DAY 4 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

من خرج في طلب العلم، فهو في سبيل الله حتى يرجع

The Messenger of Allah (ﷺ) said, "He who goes forth in search of knowledge is considered as struggling in the Cause of Allah until he returns." – Jami Tirmidhi - Book 13, Hadith 1385

RECOMMENDED READING:

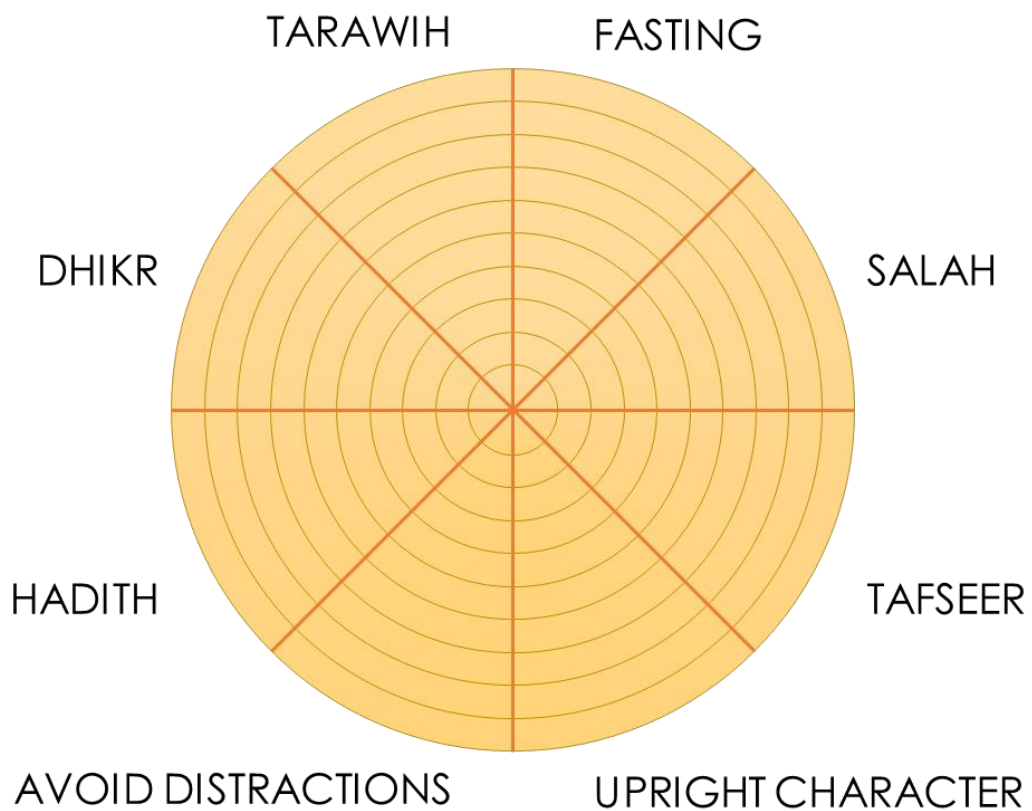
- **Tafseer:** Surah Aal e Imran, Ayahs 190- 195 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
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OUTCOMES FOR

DAY 4

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 5

(Planning for the day has to be done on the night before that)

What will you do on DAY 5 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

كُلُّ مَعْرُوفٍ صَدَقَةٌ وَإِنَّ مِنْ الْمَعْرُوفِ أَنْ تَلْقَى أَحَاكَ بِوَجْهِ طَلِقٍ وَأَنْ تُفْرَغَ مِنْ دَلُوكَ فِي إِنَاءِ أَخِيكَ

The Messenger of Allah (ﷺ) said, "Every good [deed] is charity. Indeed among the good is to meet your brother with a smiling face, and to pour what is left in your bucket into the vessel of your brother." - Jami` at-Tirmidhi 1970

RECOMMENDED READING:

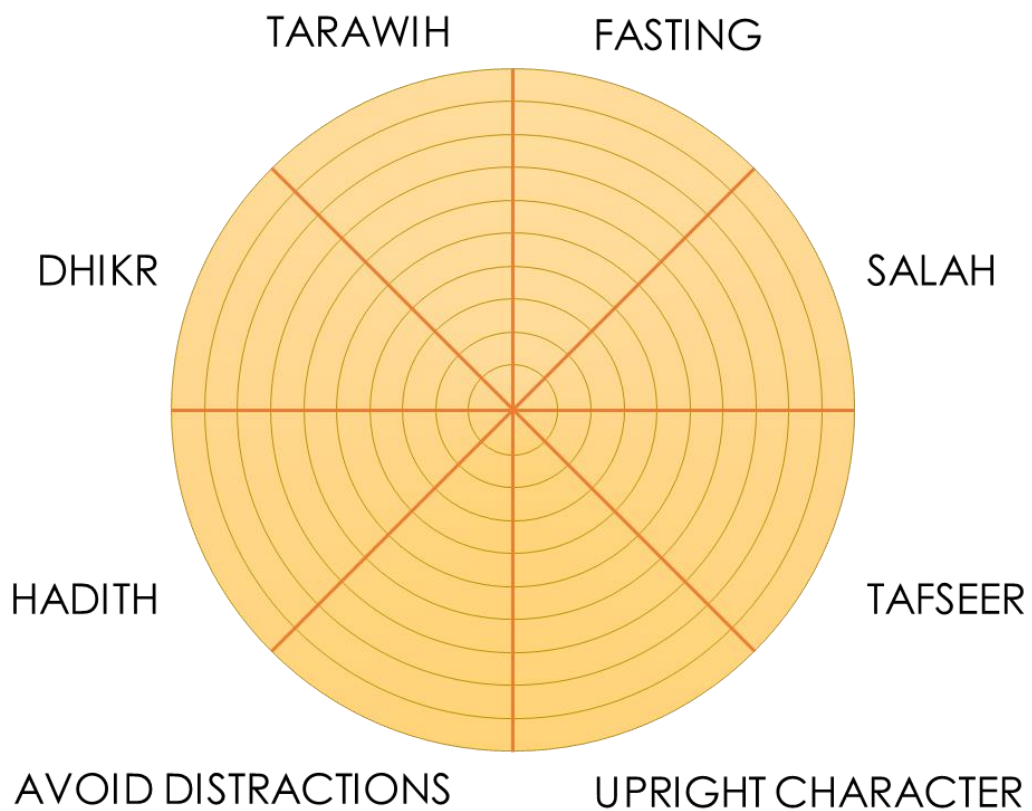
- **Tafseer:** Surah Taghabun with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 5

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 6

(Planning for the day has to be done on the night before that)

What will you do on DAY 6 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

It was narrated from Mutarrif that his father said: "I came to the Prophet (ﷺ) when he was praying, and there was a sound coming from his chest like the sound of water boiling," [because of his weeping in the salah]. Sunan an-Nasa'i 1214

RECOMMENDED READING:

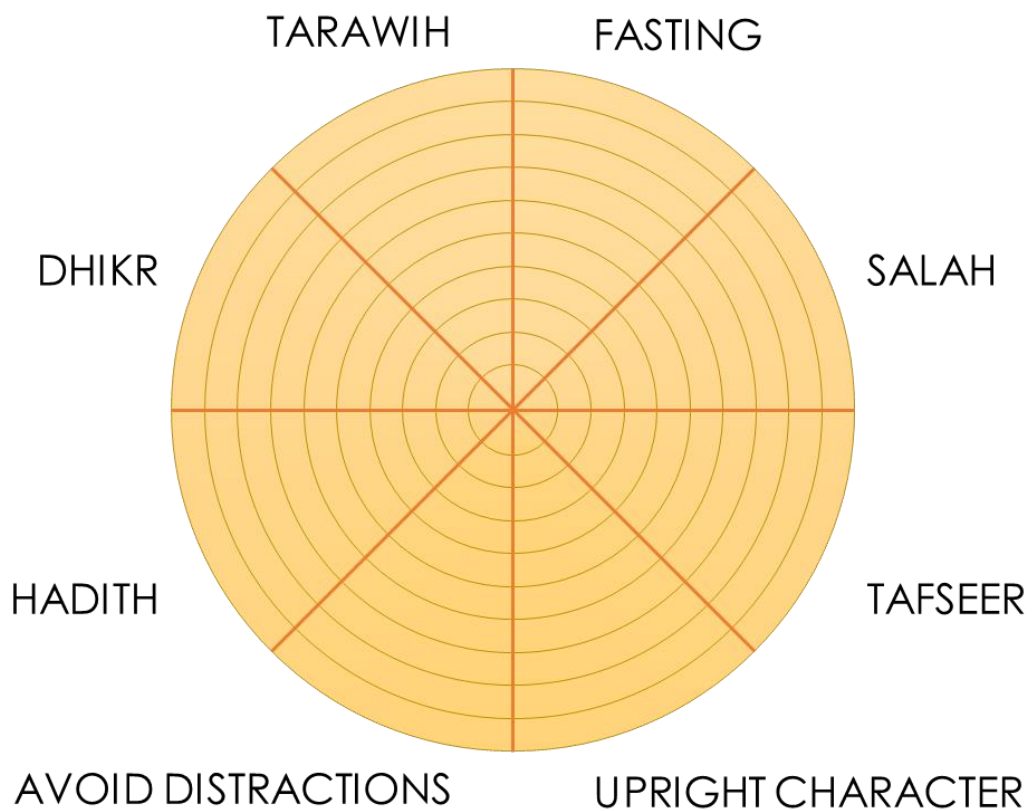
- **Tafseer:** Surah Qiyamah with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
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 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 6

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 7

(Planning for the day has to be done on the night before that)

What will you do on DAY 7 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

مَنْ لَا يَرْحَمُ النَّاسَ لَا يَرْحَمُهُ اللَّهُ

The Messenger of Allah (ﷺ) said, "Whoever does not show mercy to the people, Allah will not show mercy to him." – Riyadh us Saliheen, Book 1, Hadith 227

RECOMMENDED READING:

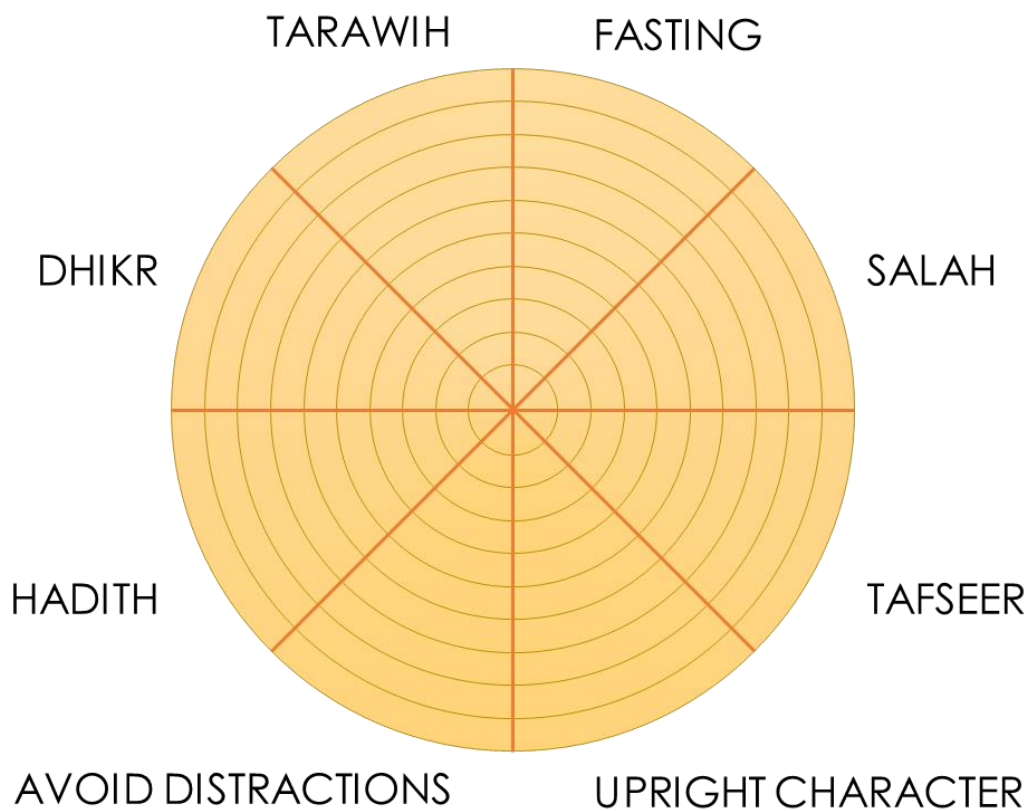
- **Tafseer:** Surah Ma'arij, Ayahs 19-35 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
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OUTCOMES FOR

DAY 7

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 8

(Planning for the day has to be done on the night before that)

What will you do on DAY 8 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

خَيْرُكُمْ مَنْ تَعَلَّمَ الْقُرْآنَ وَعَلَّمَهُ

The Messenger of Allah (ﷺ) said, "The best among you (Muslims) are those who learn the Qur'an and teach it." Sunan Abi Dawud 1452

RECOMMENDED READING:

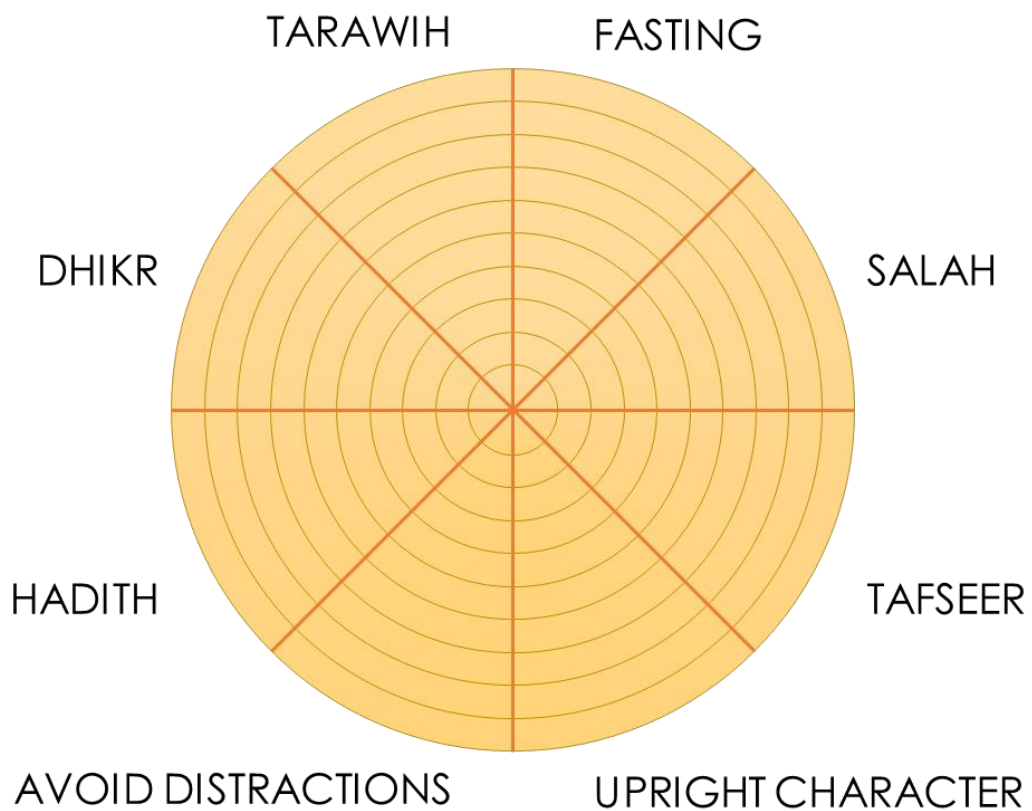


- **Tafseer:** Surah Al-Furqan, Last Rukoo with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)

OUTCOMES FOR

DAY 8

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 9

(Planning for the day has to be done on the night before that)

What will you do on DAY 9 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

مَا كَانَ الْفُحْشُ فِي شَيْءٍ قَطُّ إِلَّا شَانَهُ وَلَا كَانَ الْحَيَاءُ فِي شَيْءٍ قَطُّ إِلَّا زَانَهُ

The Messenger of Allah (ﷺ) said, "There is never any obscenity [Fuhush] in a thing, but it mars it, and there is never any modesty [haya] in a thing, but it adorns it." Sunan Ibn Majah, Book 37, Hadith 4325

RECOMMENDED READING:

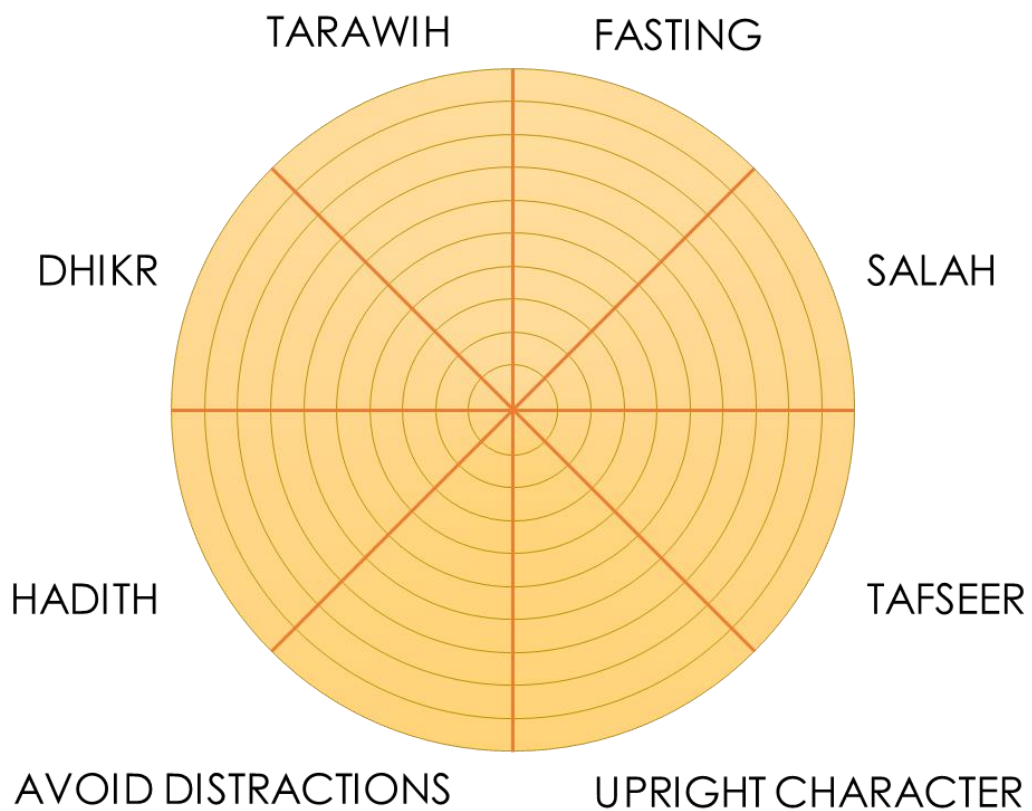


- **Tafseer:** Surah Bani Israeel, Rukoo 3 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)

OUTCOMES FOR

DAY 9

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 10

(Planning for the day has to be done on the night before that)

What will you do on DAY 10 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

سَلُوا اللَّهَ عِلْمًا نَافِعًا وَتَعَوَّذُوا بِاللَّهِ مِنْ عِلْمٍ لَا يَنْفَعُ

The Messenger of Allah (ﷺ) said, "Ask Allah for beneficial knowledge and seek refuge with Allah from knowledge that is of no benefit." - Sunan Ibn Majah 3843

RECOMMENDED READING:

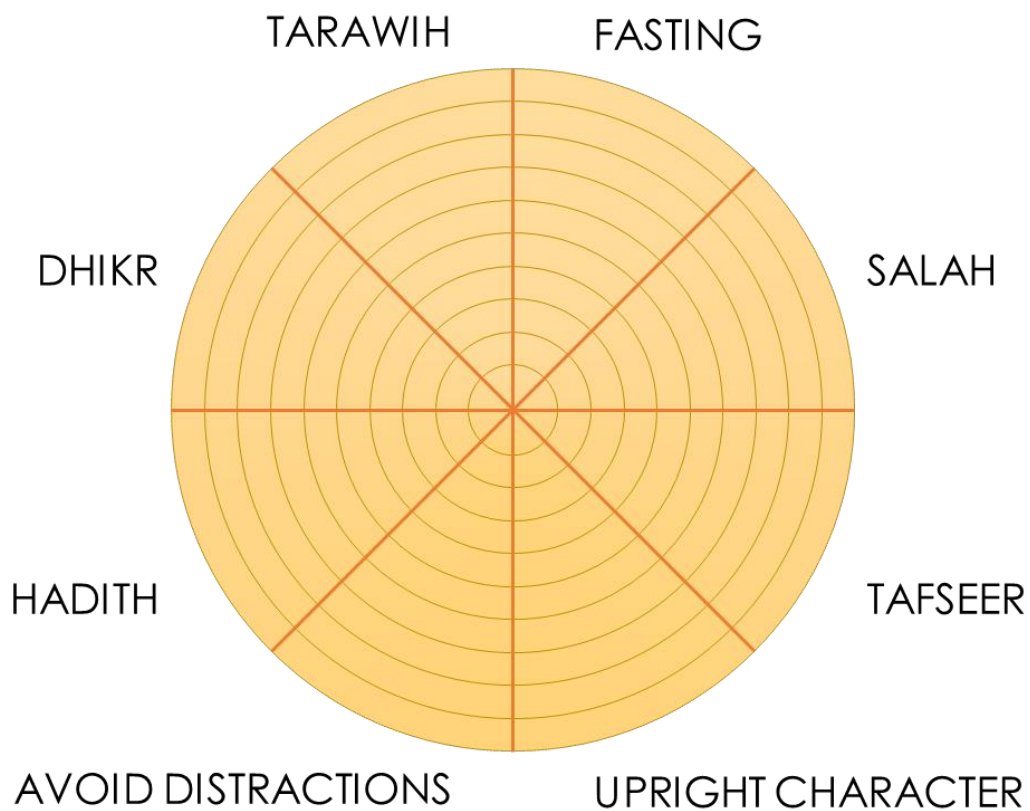
- **Tafseer:** Surah Bani Israeel, Rukoo 4 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 10

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 11

(Planning for the day has to be done on the night before that)

What will you do on DAY 11 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

مَنْ أَحَبَّ لِلَّهِ وَأَبْغَضَ لِلَّهِ وَأَعْطَى لِلَّهِ وَمَنَعَ لِلَّهِ فَقَدْ اسْتَكْمَلَ الْإِيمَانَ

The Messenger of Allah (ﷺ) said, "The one who loves for Allah's sake, hates for Allah's sake, gives for Allah's sake and withholds for Allah's sake, will have perfect faith." - Sunan Abi Dawud 4681

RECOMMENDED READING:

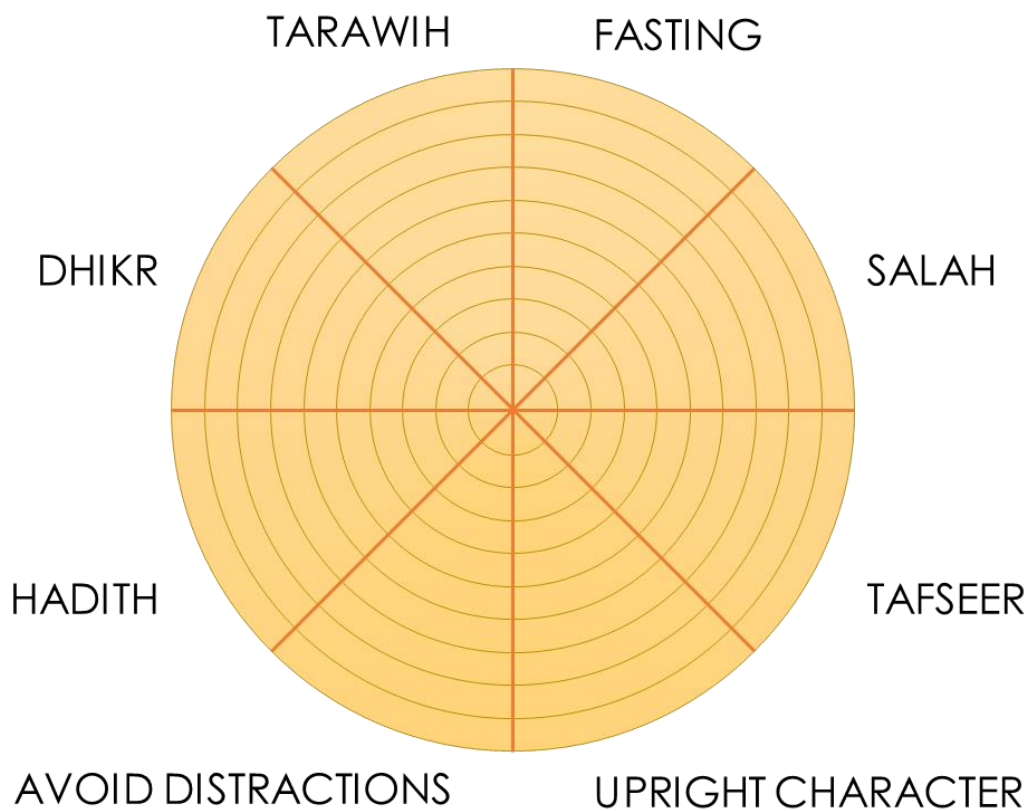
- **Tafseer:** Surah Hujarat Rukoo 1 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 11

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 12

(Planning for the day has to be done on the night before that)

What will you do on DAY 12 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

لَعَدْوَةٌ فِي سَبِيلِ اللَّهِ أَوْ رَوْحَةٌ خَيْرٌ مِنَ الدُّنْيَا وَمَا فِيهَا

The Messenger of Allah (ﷺ) said, "A single endeavor in Allah's cause in the morning or in the evening is better than the world and whatever is in it." Sahih al-Bukhari 2792

RECOMMENDED READING:

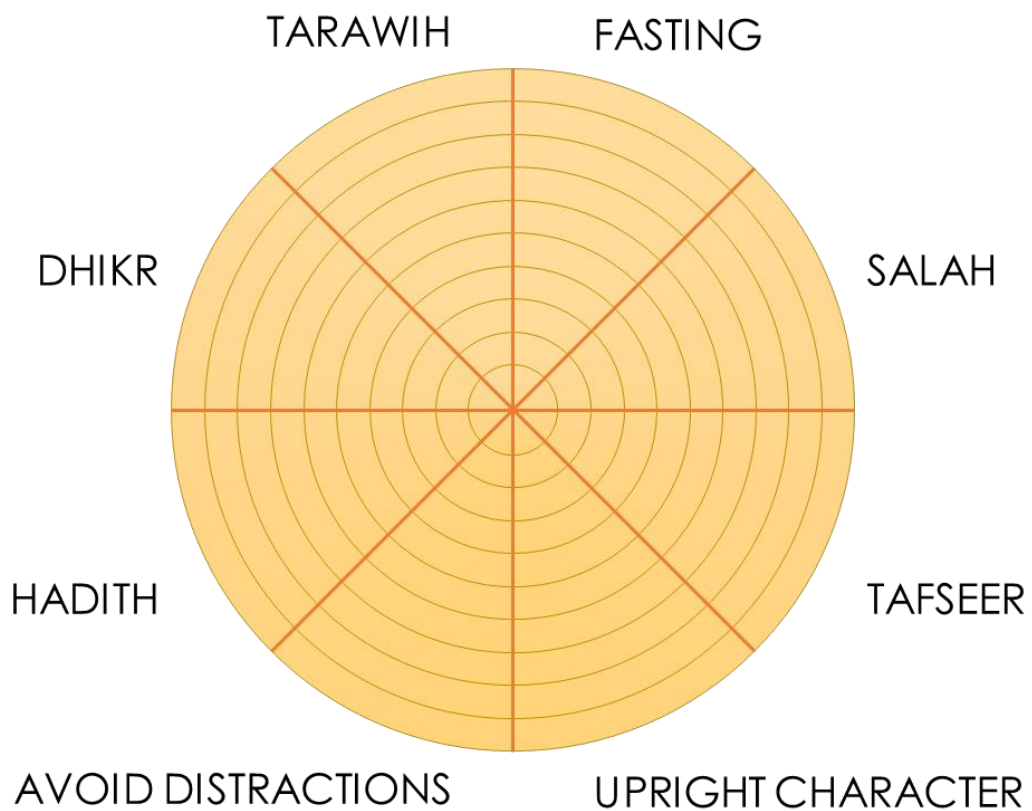
- **Tafseer:** Surah Hujarat Rukoo 2 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 12

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 13

(Planning for the day has to be done on the night before that)

What will you do on DAY 13 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

مَنْ بَنَى لِلَّهِ مَسْجِدًا بَنَى اللَّهُ لَهُ مِثْلَهُ فِي الْجَنَّةِ

The Messenger of Allah (ﷺ) said, "Whoever builds a Masjid for (the sake of) Allah, then Allah will build a similar house for him in Paradise." - Jami` at-Tirmidhi 318

RECOMMENDED READING:

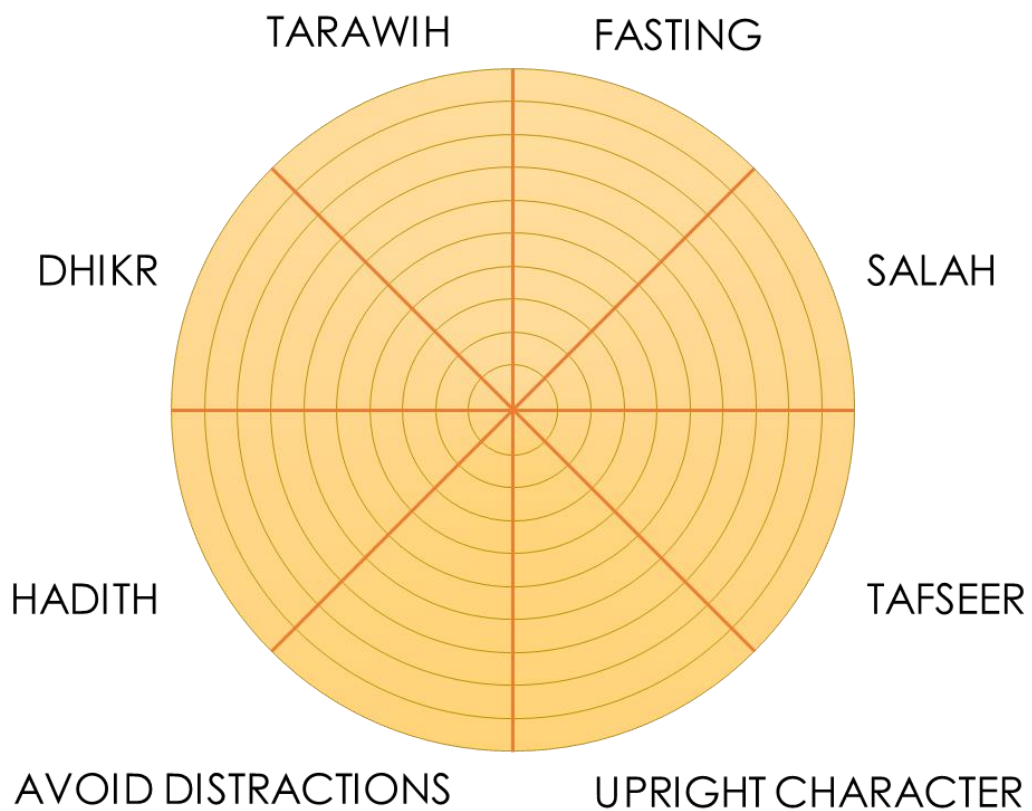
- **Tafseer:** Surah As-Saf with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 13

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 14

(Planning for the day has to be done on the night before that)

What will you do on DAY 14 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

كُلُّ بَنِي آدَمَ حَطَّاءٌ وَحَيْرُ الْحَطَّائِينَ التَّوَّابُونَ

The Messenger of Allah (ﷺ) said, "Every son of Adam commits sin, and the best of those who commit sin are those who repent." - Sunan Ibn Majah, Book 37, Hadith 4392

RECOMMENDED READING:

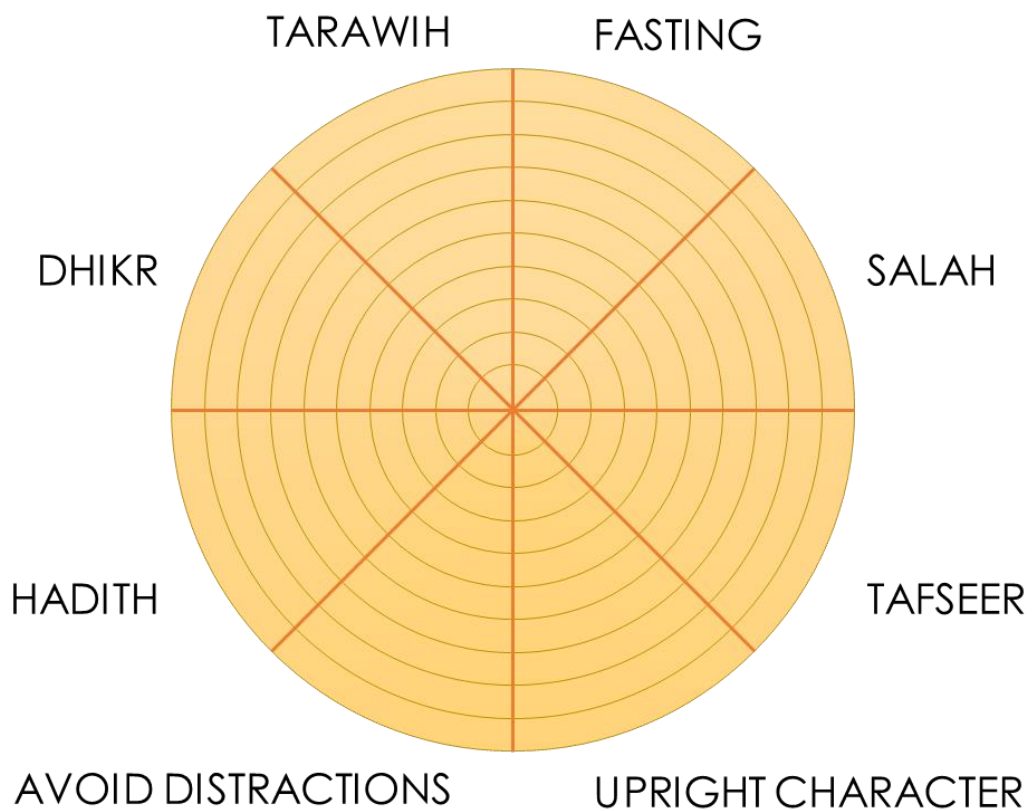
- **Tafseer:** Surah Munafiqoon with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 14

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 15

(Planning for the day has to be done on the night before that)

What will you do on DAY 14 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

تُطْعِمُ الطَّعَامَ، وَتُقْرِئُ السَّلَامَ عَلَى مَنْ عَرَفْتَ وَمَنْ لَمْ تَعْرِفْ

'Abdullah ibn 'Amr reported that a man said, "Messenger of Allah, which aspect of Islam is best?" He replied, "Feeding people and greeting those you know and those you do not know." Al-Adab Al-Mufrad 1013

RECOMMENDED READING:

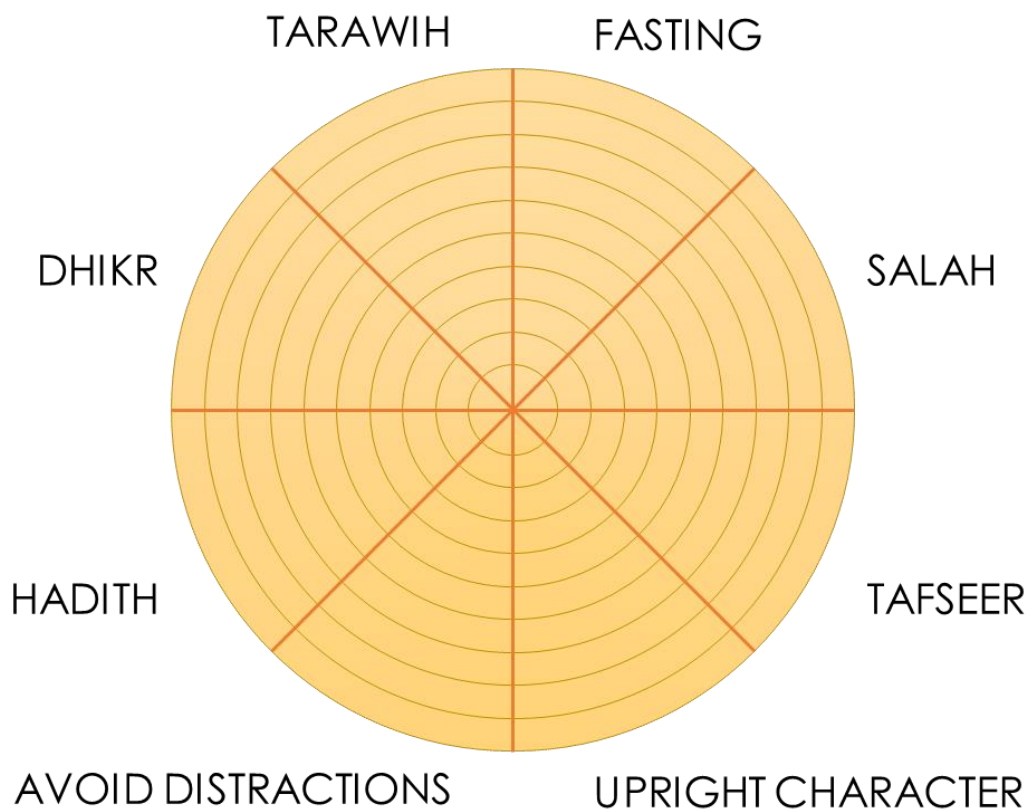
- **Tafseer:** Surah Hajj, last rukoo with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 15

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 16

(Planning for the day has to be done on the night before that)

What will you do on DAY 16 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

مَنْ نَصَرَ قَوْمَهُ عَلَى غَيْرِ الْحَقِّ فَهُوَ كَالْبَعِيرِ الَّذِي رُدِّيَ فَهُوَ يُنَزَعُ بِذَنْبِهِ

Abdullah Ibn Masood R.A. said: "If anyone helps his people in an unrighteous cause, he is like a camel which falls into a well and is pulled out by its tail." - Sunan Abi Dawud 5117

RECOMMENDED READING:

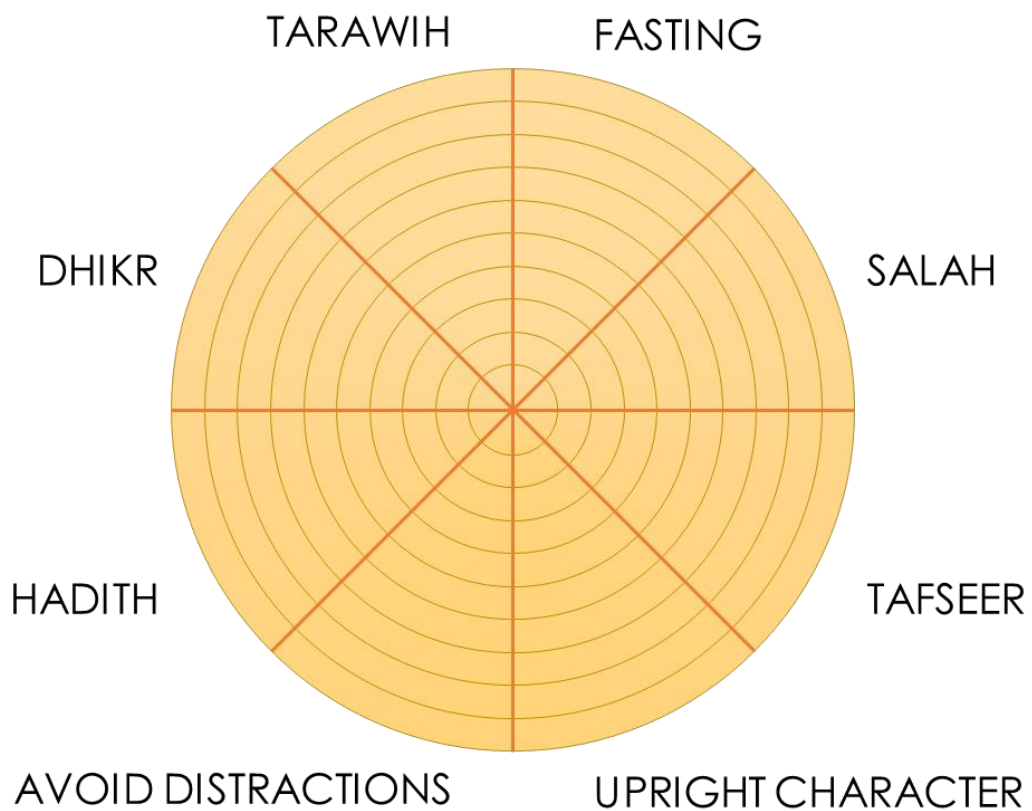
- **Tafseer:** Surah Shura, Ayahs 13-15 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 16

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 17

(Planning for the day has to be done on the night before that)

What will you do on DAY 17 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

وَتُغِيثُوا الْمَلْهُوفَ وَتَهْتَدُوا الضَّالَّ

Abdullah Ibn Masood R.A. said: "Help the oppressed (sorrowful) and guide those who have lost their way." - Sunan Abi Dawud 4817

RECOMMENDED READING:

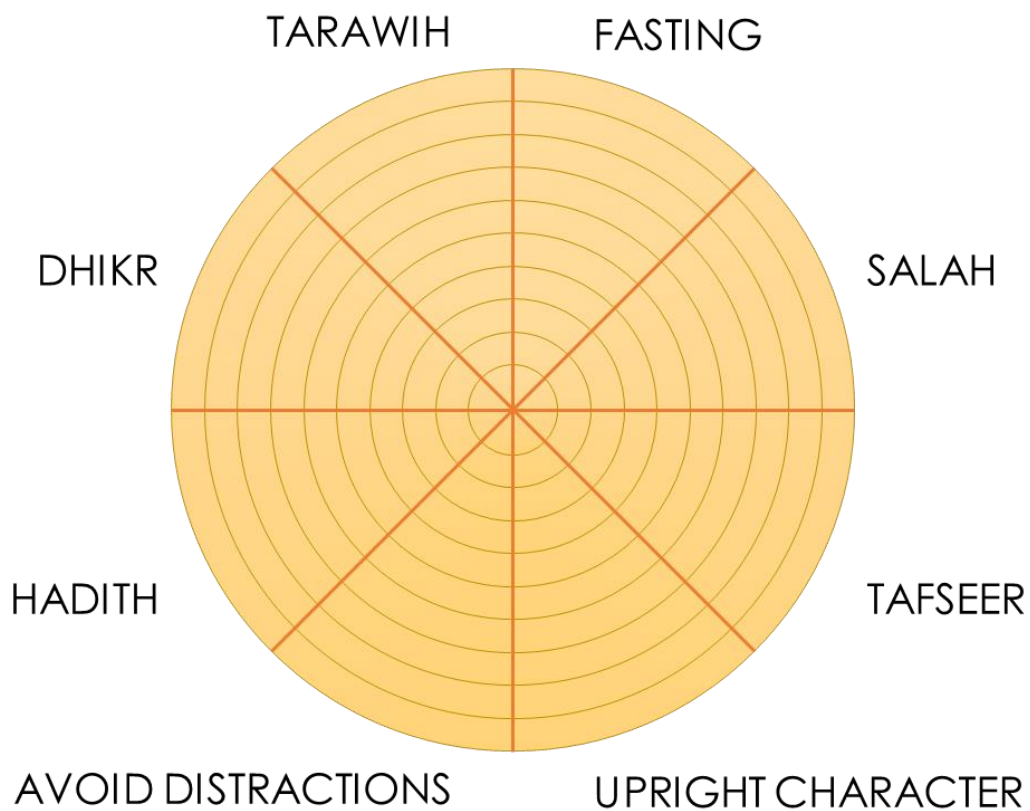
- **Tafseer:** Surah Shura, Ayahs 47-48 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 17

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 18

(Planning for the day has to be done on the night before that)

What will you do on DAY 18 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

مَثَلُ الْبَيْتِ الَّذِي يُذَكَّرُ اللَّهُ فِيهِ وَالْبَيْتِ الَّذِي لَا يُذَكَّرُ اللَّهُ فِيهِ مَثَلُ الْحَيِّ وَالْمَيِّتِ

Abu Musa reported Allah's Apostle (ﷺ) as saying: The house in which remembrance of Allah is made and the house in which Allah is not remembered are like the living and the dead. Sahih Muslim 779

RECOMMENDED READING:

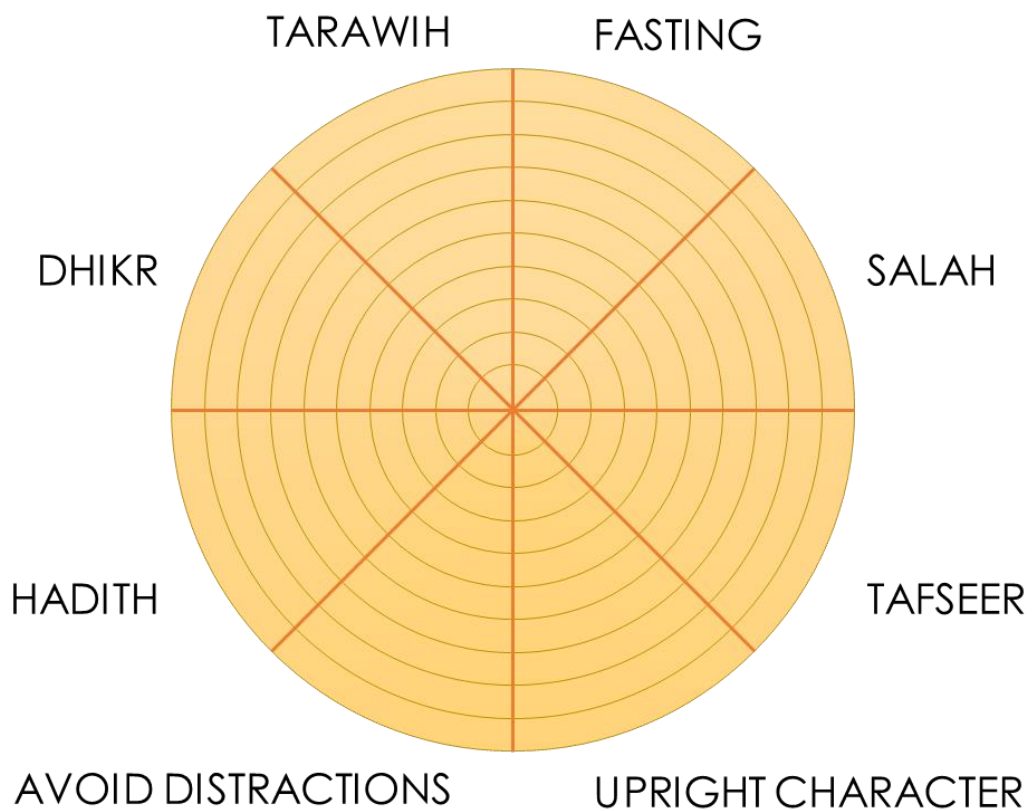
- **Tafseer:** Surah Al-Fath, Ayahs 28-29 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 18

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 19

(Planning for the day has to be done on the night before that)

What will you do on DAY 19 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

إِنَّ اللَّهَ عَزَّ وَجَلَّ يَقُولُ أَنَا مَعَ عَبْدِي إِذَا هُوَ ذَكَرَنِي وَتَحَرَّكَتْ بِي شَفَتَاهُ

The Prophet (ﷺ) said:

Allah says: "I am with My slave when he remembers Me and his lips move saying My Name." - Sunan Ibn Majah 3792

RECOMMENDED READING:

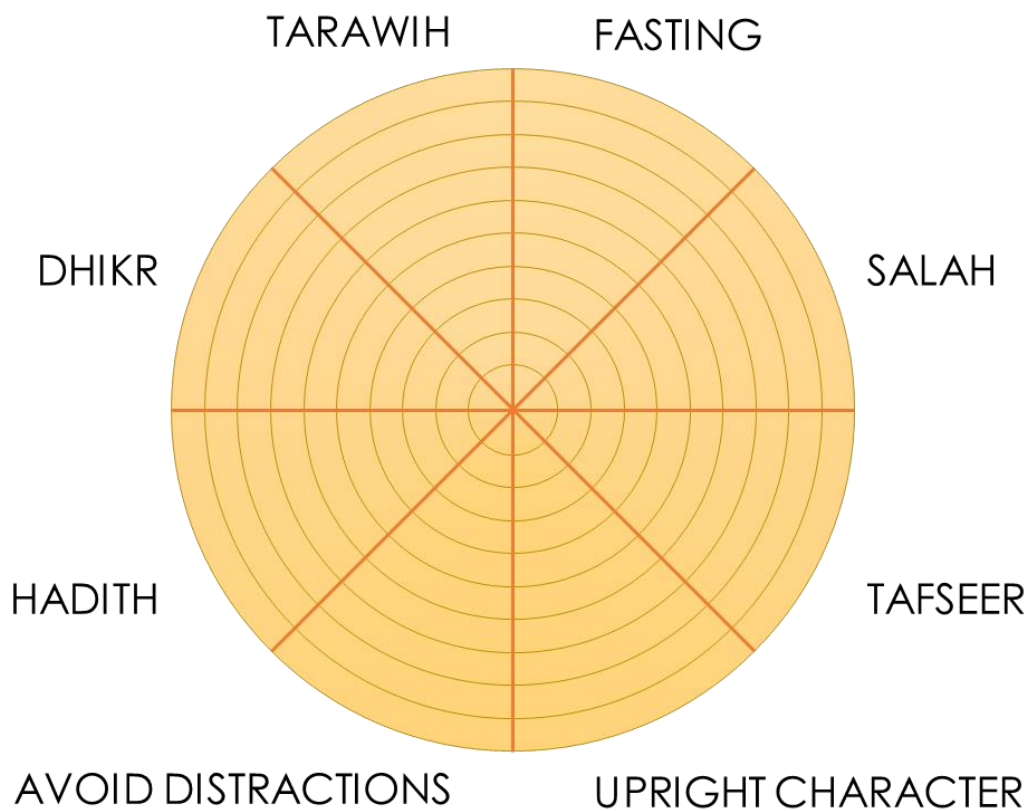
- **Tafseer:** Surah Shura, Ayahs 36-43 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 19

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 20

(Planning for the day has to be done on the night before that)

What will you do on DAY 20 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

اللَّهُمَّ بَارِكْ لَأُمَّتِي فِي بُكُورِهَا

The Prophet (ﷺ) said: O Allah, bless my people in their early mornings. [i.e. this is the time for barakah for our ummah] – Sunan Ibn Majah, Book 12, Hadith 2322

RECOMMENDED READING:

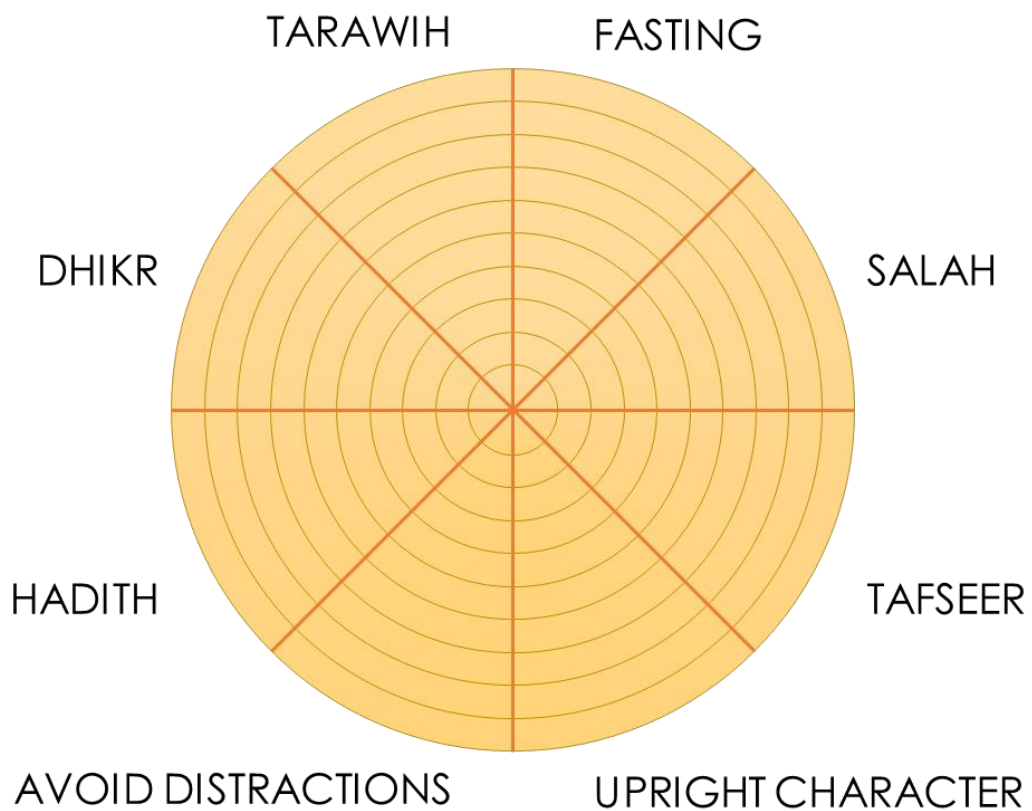
- **Tafseer:** Surah Hadeed, Rukoo 1-2 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 20

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 21

(Planning for the day has to be done on the night before that)

What will you do on DAY 21 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

خَيْرُكُمْ أَلْيَنُكُمْ مَنَاكِبَ فِي الصَّلَاةِ

The Prophet (ﷺ) said:

The best of you are those whose shoulders are soft in prayer. - Sunan Abi Dawud 672

RECOMMENDED READING:

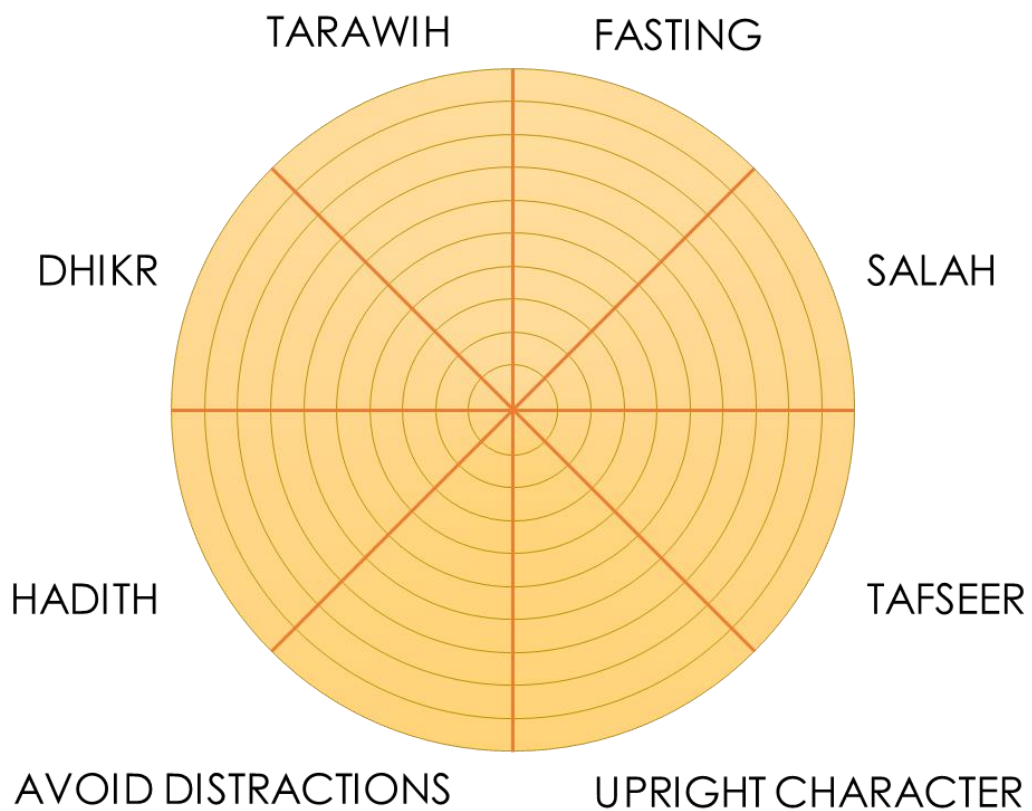


- **Tafseer:** Surah Hadeed, Rukoo 3-4 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)

OUTCOMES FOR

DAY 21

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 22

(Planning for the day has to be done on the night before that)

What will you do on DAY 22 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

لَا يَدْخُلُ الْجَنَّةَ مَنْ كَانَ فِي قَلْبِهِ مِثْقَالُ ذَرَّةٍ مِنْ كِبَرٍ

The Prophet (ﷺ) said: He who has in his heart the weight of even a mustard seed of pride shall not enter Paradise. - Sahih, Book 1, Hadith 173

RECOMMENDED READING:

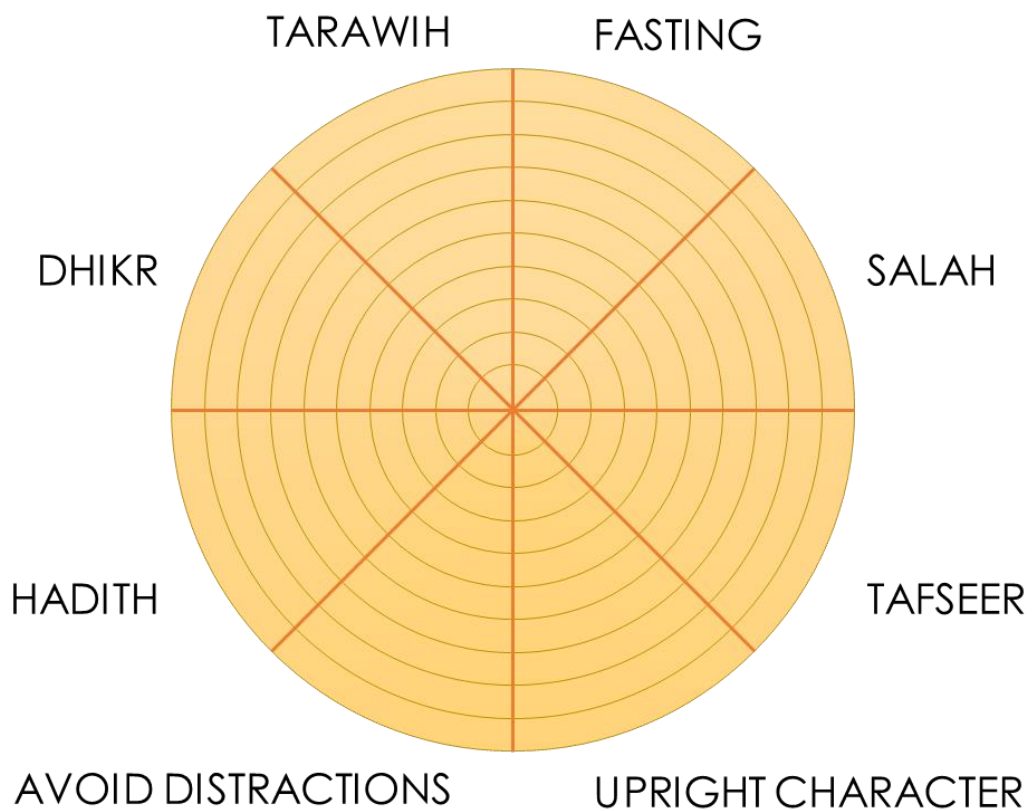


- **Tafseer:** Surah Kahf, Rukoo 1-2 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)

OUTCOMES FOR

DAY 22

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 23

(Planning for the day has to be done on the night before that)

What will you do on DAY 23 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

أَفْضَلُ الْأَعْمَالِ - أَوْ الْعَمَلِ - الصَّلَاةُ لَوْفَتِهَا وَبِرُّ الْوَالِدَيْنِ

The Prophet (ﷺ) said: The best of the deeds (or deed) is the (observance of) prayer at its proper time and kindness to the parents. - Sahih Muslim, Book 1, Hadith 162

RECOMMENDED READING:

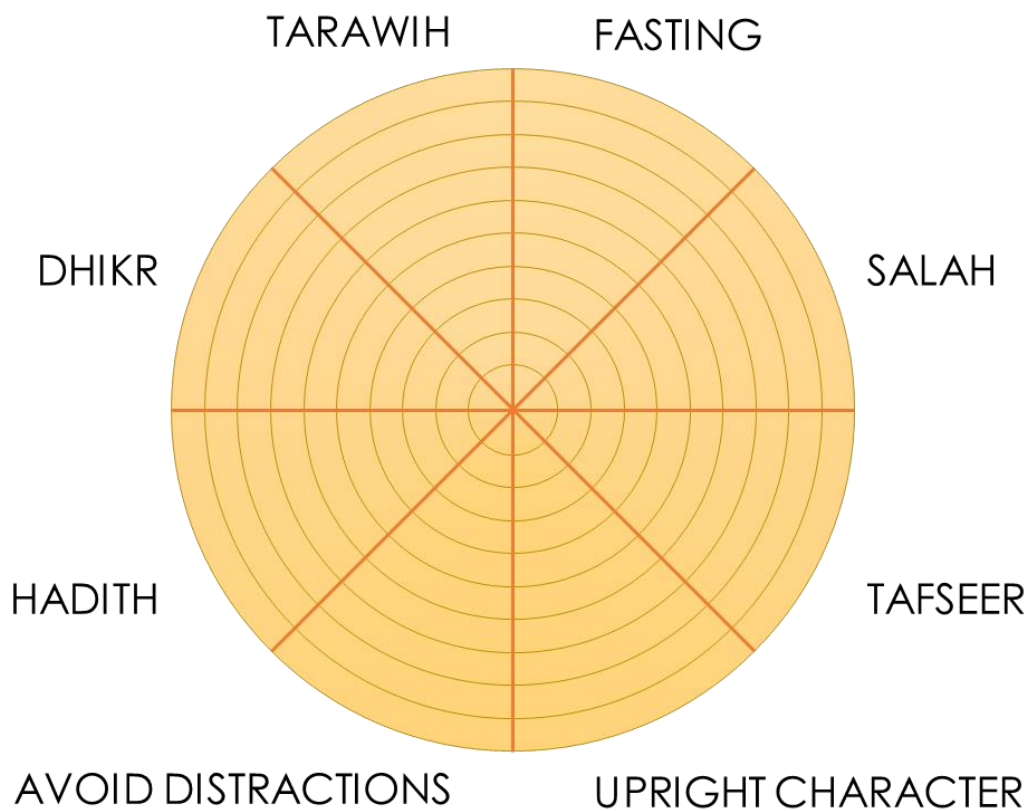
- **Tafseer:** Surah Kahf, Rukoo 3-4 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 23

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 24

(Planning for the day has to be done on the night before that)

What will you do on DAY 24 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

رَحِمَ اللَّهُ رَجُلًا سَمِحًا إِذَا بَاعَ، وَإِذَا اشْتَرَى، وَإِذَا افْتَضَى

The Prophet (ﷺ) said: "May Allah's mercy be on him who is lenient in his buying, selling, and in demanding back his money." - Sahih al-Bukhari 2076

RECOMMENDED READING:

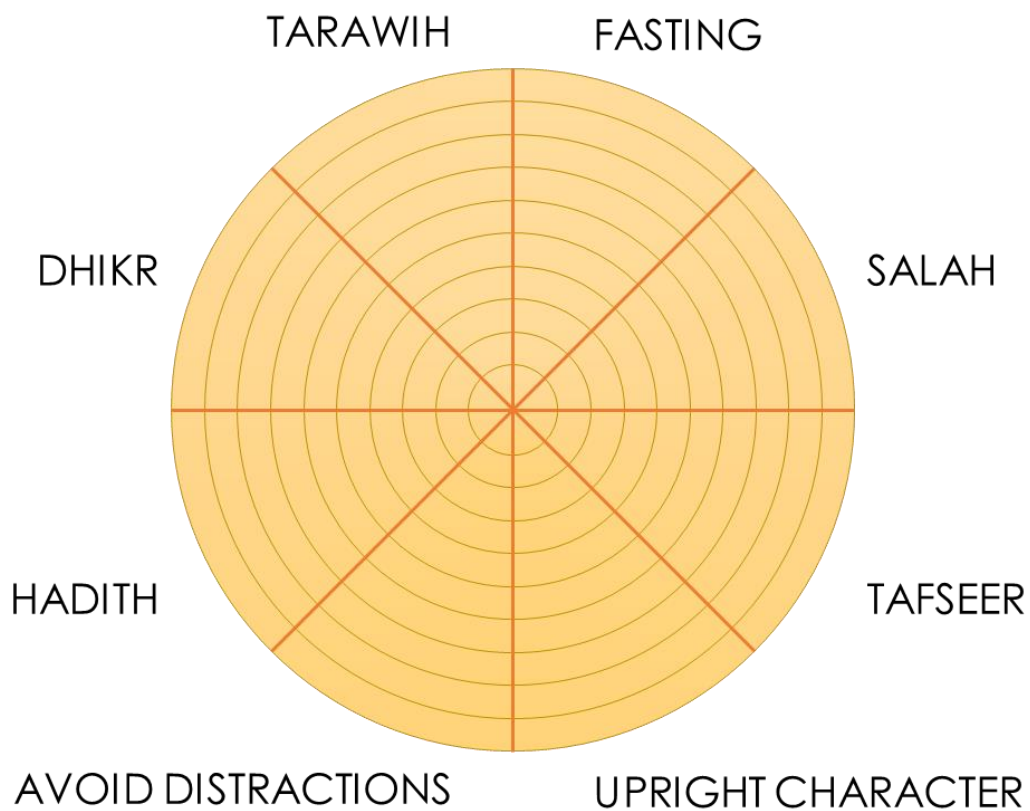


- **Tafseer:** Surah Kahf, Rukoo 5-6 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)

OUTCOMES FOR

DAY 24

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 25

(Planning for the day has to be done on the night before that)

What will you do on DAY 25 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

صَلَاةٌ فِي مَسْجِدِي هَذَا خَيْرٌ مِنْ أَلْفِ صَلَاةٍ فِيَمَا سِوَاهُ إِلَّا الْمَسْجِدَ الْحَرَامَ

The Prophet (ﷺ) said: "One prayer in my Mosque is better than one thousand prayers in any other mosque excepting Al-Masjid-Al-Haram." – Sunan Ibn Majah, Book 5, Hadith 1470

RECOMMENDED READING:

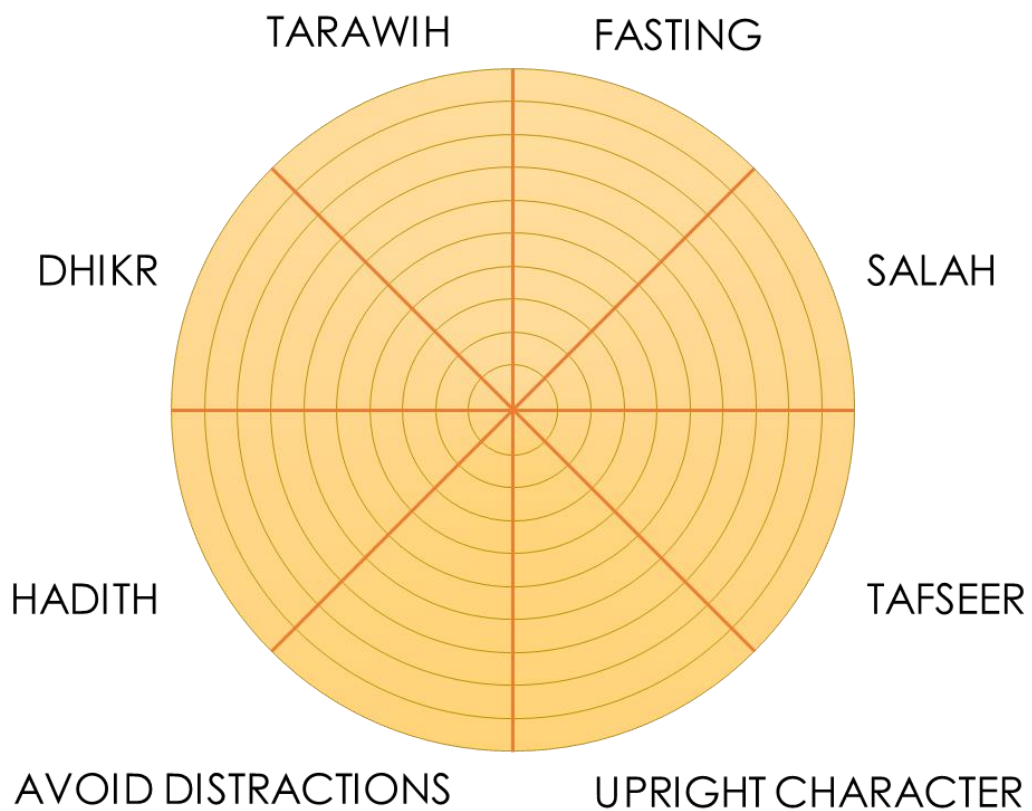
- **Tafseer:** Surah Kahf, Rukoo 7-8 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 25

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 26

(Planning for the day has to be done on the night before that)

What will you do on DAY 26 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ " يَدُ اللَّهِ مَعَ الْجَمَاعَةِ "

the Messenger of Allah (s.a.w) said: "Allah's Hand is with the Jama'ah." - Jami` at-Tirmidhi 2166

RECOMMENDED READING:

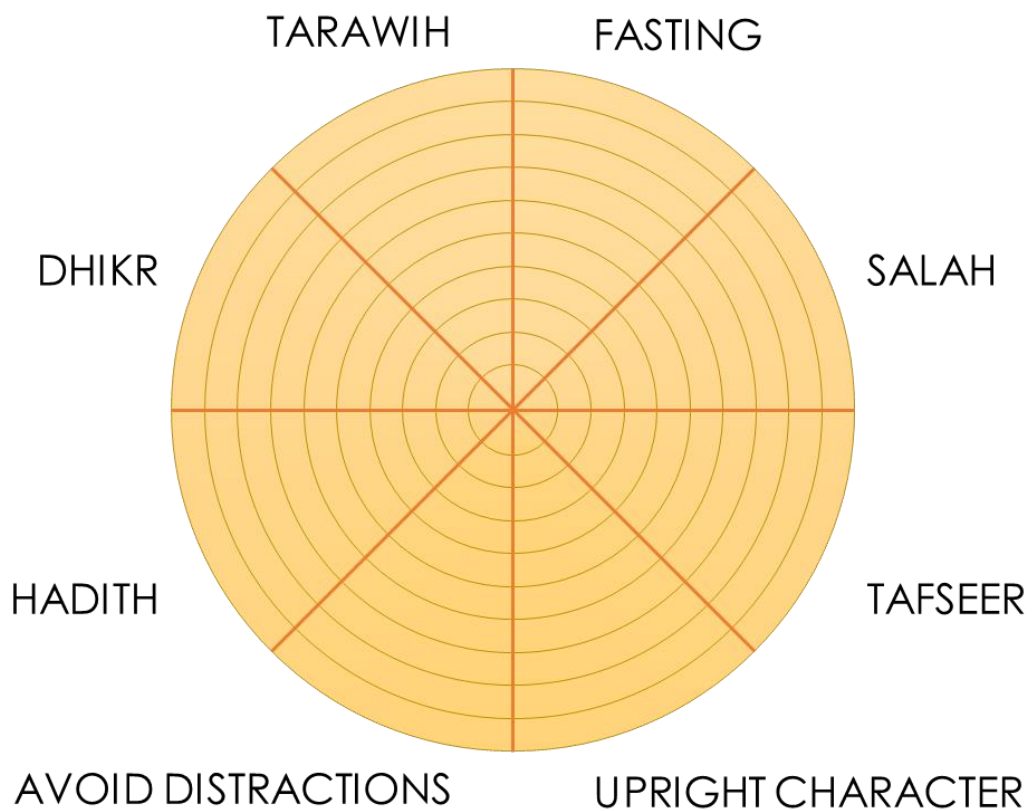
- **Tafseer:** Surah Kahf, Rukoo 9-10 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 26

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 27

(Planning for the day has to be done on the night before that)

What will you do on DAY 27 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

لَا يُؤْمِنُ أَحَدُكُمْ حَتَّى يُحِبَّ لِأَخِيهِ مَا يُحِبُّ لِنَفْسِهِ

The Messenger of Allah (ﷺ) "None of you has believed until he loves for his brother what he loves for himself." – Jami Tirmidhi, Book 37, Hadith 2705

RECOMMENDED READING:

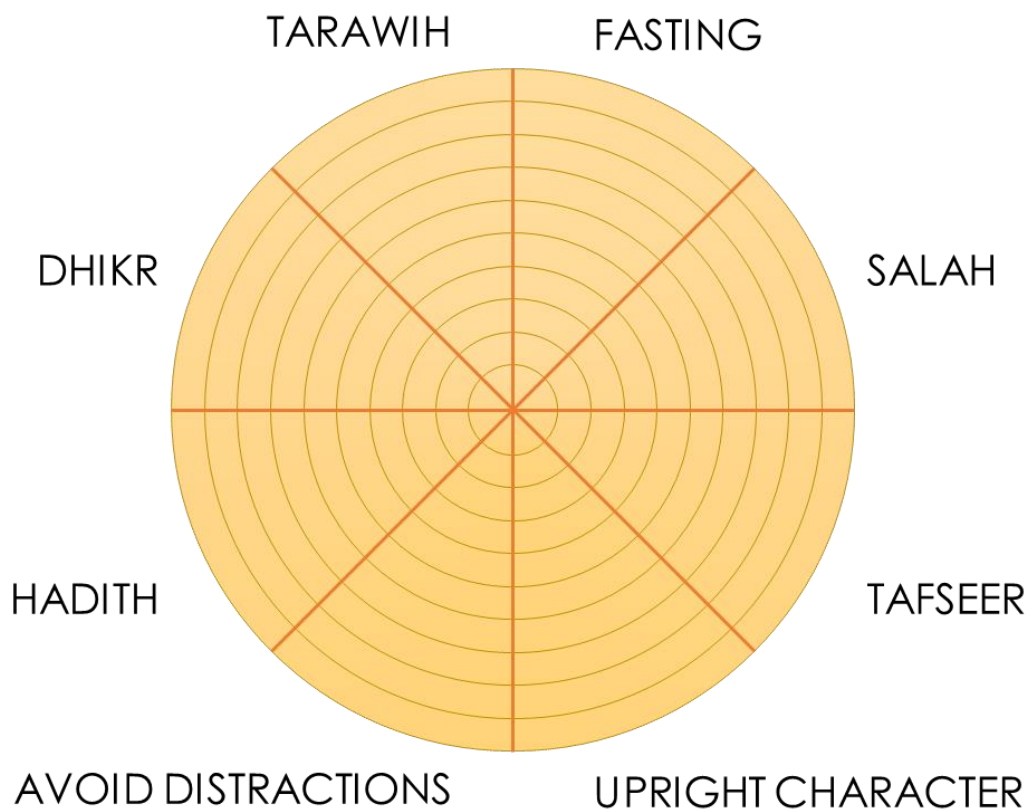
- **Tafseer:** Surah Kahf, Rukoo 11-12 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 27

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 28

(Planning for the day has to be done on the night before that)

What will you do on DAY 28 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

إِنَّ اللَّهَ لَا يَنْظُرُ إِلَىٰ أَجْسَادِكُمْ وَلَا إِلَىٰ صُورِكُمْ وَلَكِنَّ يَنْظُرُ إِلَىٰ قُلُوبِكُمْ

"Verily Allah does not look to your bodies nor to your faces but He looks to your hearts". - Sahih , Book 45, Hadith 41

RECOMMENDED READING:

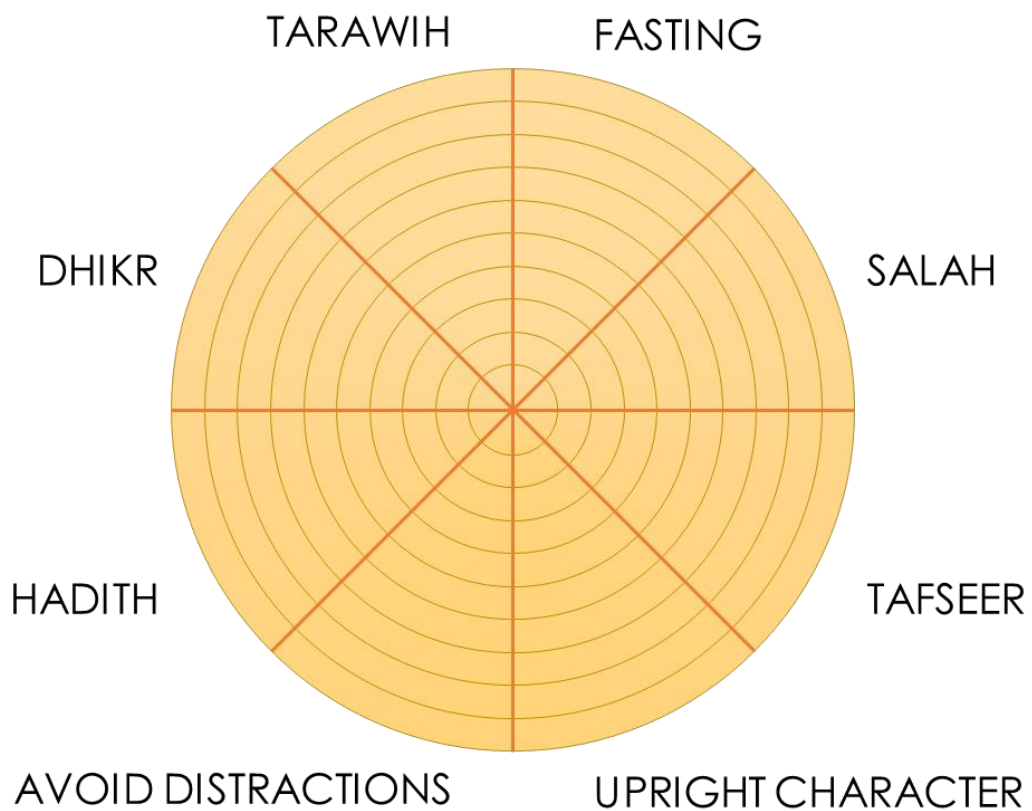
- **Tafseer:** Surah Aal Imran, Ayahs 102-110 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 28

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 29

(Planning for the day has to be done on the night before that)

What will you do on DAY 29 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

عَنْ ابْنِ عُمَرَ أَنَّ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ أَمَرَ بِزَكَاةِ الْفِطْرِ قَبْلَ خُرُوجِ النَّاسِ إِلَى الصَّلَاةِ

The Prophet (ﷺ) ordered the people to pay Zakat-ul-Fitr before going to the `Id prayer. - Sahih al-Bukhari 1509

RECOMMENDED READING:

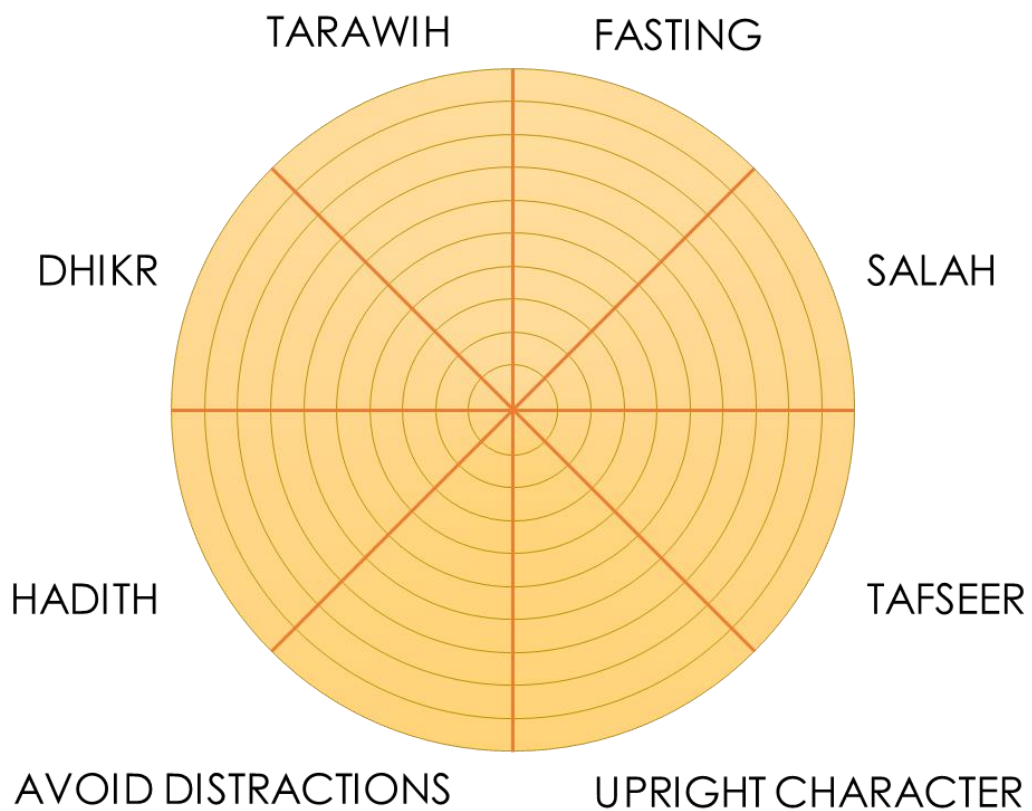
- **Tafseer:** Surah An-Nisa, Ayahs 131-137 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 29

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?

PLANNING FOR DAY 30

(Planning for the day has to be done on the night before that)

What will you do on DAY 30 to achieve your daily objectives?

1. E.g. To offer all five prayers in the mosque today
2. E.g. To meet with at least one Muslim brother
3. E.g. To Read or memorize certain Surah of the Quran
4. E.g. To teach a hadith to another person
5. E.g. To give certain amount as sadaqah or zakat

Hadith of the day:

قَالَ رَجُلٌ يَا رَسُولَ اللَّهِ أَيُّ الصَّدَقَةِ أَفْضَلُ

قَالَ أَنْ تَصَدَّقَ وَأَنْتَ صَحِيحٌ شَحِيحٌ تَأْمَلُ الْعَيْشَ وَتُحْشَى الْفَقْرَ

A man said: 'O Messenger of Allah, which kind of charity is best? He said: 'Giving charity when you are in good health, and feeling stingy, hoping for a long life and fearing poverty. - Sunan an-Nasa'i 2542

RECOMMENDED READING:

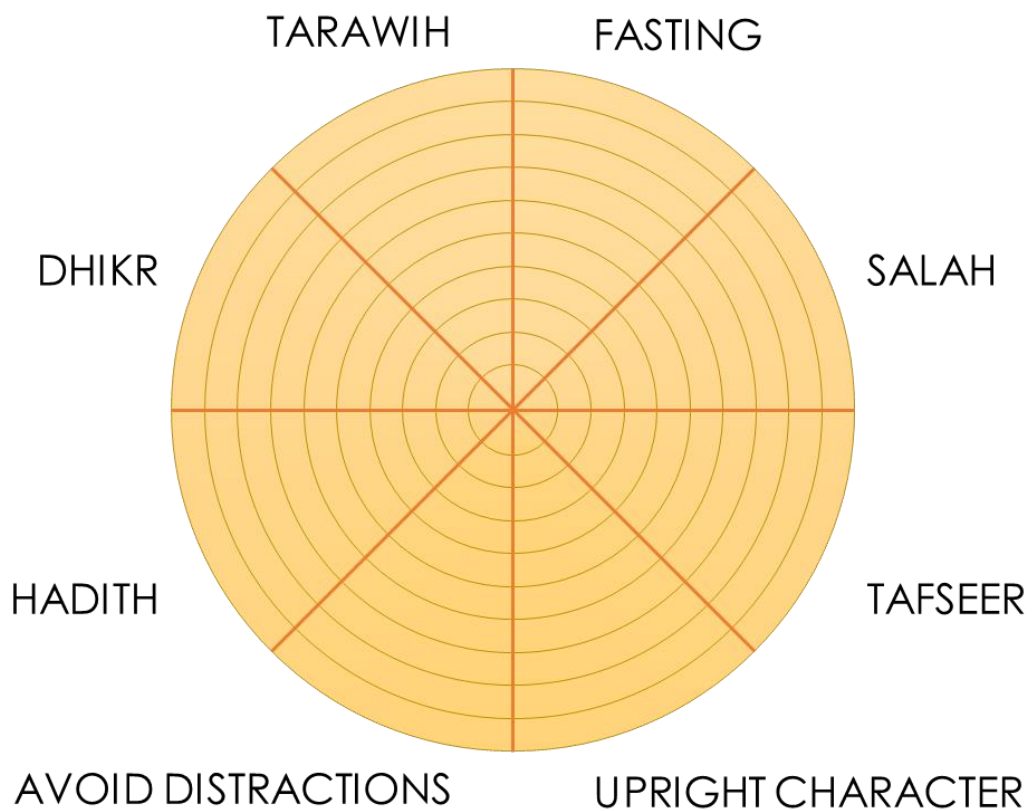
- **Tafseer:** Surah An-Nahl, Ayahs 12-22 with tafseer
- For those who have not yet completed the iCAN Syllabus:
 - o 15 pages from any of the recommended books
- **For those who have already completed the iCAN syllabus:**
 - o At least 15 pages from a book of your choice on Seerah (or another beneficial topic)



OUTCOMES FOR

DAY 30

HOW DID YOUR DAY GO. MEASURE IT AGAINST THE CRITERIA YOU SET FOR THE 10 OUT OF 10 SCORE AND POPULATE THE FIGURE BELOW:



WHAT DID YOU DO WELL?

WHAT CAN YOU IMPROVE?